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Horstman, M., Aldiss, S., Richardson, A. & Gibson, F. 2008. Methodological issues when using the draw and write technique with children aged 6 to 12 years. *Qualitative Health Research, 18*: 1001-1011.


Te Vaarwerk, N. 2009. The phenomenon of resilience among Black adolescents from divorced families in the Vaal Triangle area. Vanderbijlpark: North-West University. (Dissertation - MEd.)


APPENDIX A

PERMISSION TO DO RESEARCH-
FREE STATE EDUCATION
DEPARTMENT
Enquiries: NM Malimane
Reference no: 18/4/1/35-2010

2010-06-12

Ms LJ Mabote
Director: Fezile Dabi Education District
Private Bag X2007
Sasolburg
9570

Dear Ms Mabote

NOTIFICATION OF A RESEARCH PROJECT IN YOUR DISTRICT

Please find attached copy of the letter giving Ms MM MOTHIBE permission to conduct research in sampled school in Fezile Dabi District. She will conduct the research with learners in Grades 8 to 11.

Yours sincerely

[Signature]
DIRECTOR: QUALITY ASSURANCE

Directorate: Quality Assurance
Private Bag X20565, Bloemfontein, 9300
Syfrets Center, 35 Mainland Street, Bloemfontein
Tel: 051 404 8750 / Fax: 051 447 7318
E-mail: quality@edu.fs.gov.za
2010 - 08 - 12

Ms. MM MOTHIBE
NORTH WEST UNIVERSITY
VAAL TRIANGLE CAMPUS

Dear Ms. Mothibe

REGISTRATION OF RESEARCH PROJECT

1. This letter is in reply to your application for the registration of your research project
3. Your research project has been registered with the Free State Education Department.
4. Approval is granted under the following conditions:-
   4.1 Learners participate voluntarily in the project,
   4.2 The names of the participants and the schools involved remain confidential.
   4.3 The questionnaires are completed and the interviews are conducted outside normal tuition time.
   4.4 This letter is shown to all participating persons.
   4.5 A bound copy of the report and a summary on a computer disc on this study is donated to the Free State Department of Education
   4.6 Findings and recommendations are presented to relevant officials in the Department.
5. The costs relating to all the conditions mentioned above are your own responsibility.
6. You are requested to confirm acceptance of the above conditions in writing to:

   The Head: Education, for attention: DIRECTOR : QUALITY ASSURANCE
   Room 401, Syfrets Building, Private Bag X20565, BLOEMFONTEIN, 9301

We wish you every success with your research

Yours sincerely

FR. SELLO
DIRECTOR: QUALITY ASSURANCE

Directorate: Quality Assurance, Private Bag X20565, Bloemfontein 9300
Syfrets Center, 65 Maland Street, Bloemfontein
Tel: 051 404 6750 / Fax: 051 447 7318 E-mail: quality@edu.fs.gov.za
APPENDIX B

LETTER TO PARENTS/GUARDIAN/CARE-GIVER
Dear Parent/Guardian/Care-Giver

REQUEST TO DO RESEARCH IN SCHOOLS

I, Ms. M. Mothibe, am a registered Master of Education student at the North-West University (Vaal Triangle Campus). I am busy compiling my dissertation as a requirement for the aforementioned degree. The title of my dissertation is: Teenage pregnancy in South African schools: from vulnerability to empowerment. My supervisor is Dr. M.J. Malindi (016-910 3094)

I kindly request permission to invite your child to take part in my study. She will be taking part in interviews (30-35 minutes) and she will be asked to make a drawing (15-25 minutes) of what makes young girls vulnerable to teen pregnancy. The findings will help us stop teen pregnancy in our schools and enable our children to focus on education and their future. If you agree to let your child volunteer, please co-sign the enclosed form in the space provided for the parent/guardian. I can be contacted on if more information is needed. Contact details appear on this letter. I wish to thank you in advance.

Regards,

Ms. M. Mothibe
VOLUNTARY INFORMED CONSENT FORM: LEARNERS

Title: Teenage pregnancy in South African schools: from vulnerability to empowerment

If you agree, please place an "X" in the 'yes' boxes to show that you understand and agree with each statement:

<table>
<thead>
<tr>
<th>Statement</th>
<th>Yes, I understand</th>
<th>Yes, I understand</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. I understand the information about the study in the Information Letter. Any questions I had were answered.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. I realize that participation is completely voluntary and that I can stop the study at any time. If I am uncomfortable answering any question, I may choose not to answer.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Because I will be interviewed individually, my participation will be confidential. I understand that my full name will not be used, nor will specific details of where I live be shared, when information from the interviews is used by the researcher.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. I understand that what I say may be quoted at great length in publications, presentations and the final report. If I become concerned with anything I said, I can ask for parts, or all, of what I said not to be quoted. I may also have deleted any parts of the interview I want deleted.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. I understand that even if my parent or guardian consents to my taking part in the study, it is my decision whether I want to participate. If I do not wish to participate, or want to withdraw from the study at any time, my wishes will be respected without penalty. My parent's or guardian's consent does not make me have to participate.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. I understand that if something troubles me while participating, the researcher will provide me with information about community resources (e.g. a local psychologist) that might help me. I understand that I will be responsible for the payment of such a professional in the event that I should follow-up the referral.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

I agree to take part in this study.

(Research Participant's Signature) ___________________________  (Date) ____________

I agree to allow my child to participate

(Parent or Guardian's Signature) ___________________________  (Date) ____________

The study has been explained to the young person and this form signed voluntarily
APPENDIX D-
INTERVIEW GUIDE
INTERVIEW GUIDE

**Individual**

How has your life been since you became a mother?

What challenges do you face as a teenage mother?

Are you able to tell someone if you do not like what they are doing or saying?

Are you able to ask for help or support when you need it?

In the view would you say others think you are fun to be with?

How do you rate your ability to do things to influence your future?

Are you able to make your own decisions without relying on others?

How often do you solve problems on your own?

**Baby's father**

How is the relationship between you and the father of the baby now that you are a mother?

What kind of support does the father of the baby give you?

How often does he see the baby?

What are the things that he helps with concerning the baby?

Does the father of the baby support your going back to school?

Does he encourage you to finish your schooling?

**Home**

Tell me about the challenges you face as a teenage mother at home.

Who supports you most of the time at home?

Do or does your care-giver/s support your going back to school?

How often do your care-givers help with the baby at home?

Tell me about the support you receive from any one of your relatives.

Tell me about the person who is closer to you at home.

How would you rate the kind of support you receive from all these people.

How is the relationship between you and your parents now that you are a mother?

**School**

Tell me about the challenges you face as a teenage mother at school.
How do you cope with your school work?
How is the relationship between you and your teachers now that you're a mother?
Are you able to approach a teacher when you need help and support?
What do teachers do to support you?
What kind of support would you like to receive from your school?
What role does the school-based support team play in supporting you?
What role does the school management team play in supporting you?
What kind of support do you receive when you fall behind with your work?
How would you rate your academic performance at this stage?
Do you take part in sports or cultural activities at school?

**Peer support**

How was your relationship with your friends before you became pregnant?
How is your relationship with your peers now that you are a mother?
What kind of support would you like to receive from your friends?
Do you belong to any youth club or movement at your school?
Is it easy to approach your peers for advice when you need it?

**Community support**

Tell me about the challenges you face as a teenage mother in the community?
How do you know where to go in the community when you need help?
How has Home affairs supported you when you need help?
What kind of support are you receiving from the Social Development Department?
How helpful is the Health department to you as a mother?
What kind of help and support are you receiving from your church?
Do you belong to any youth club or movement in the community?
What kinds of support are you receiving from the Non-Governmental Organisations?
APPENDIX E-DRAWING BRIEF
What helps you to cope with your life as a learner and a mother? In the space provided, please draw what helps you to cope with your life. How well you draw is not important but the drawing you make is.
In 4-5 sentences, please explain your drawing. Tell me what it means so that I can understand it better. You can write in any language of your choice.
RESEARCHER: Can you please tell me who helps you with the baby and how the person supports.

TSHEDI: My cousin always support me with the baby. When sometimes I sick or the baby sick she give me some money so that I can go to the clinic. I remember some other day after giving birth to my baby, my parents-in-law start telling me that my baby is not their grandson, I keep crying and crying but my parents was always there for me, helping me to change nappies ho hlatswa maleli (washing nappies) even le homojesa (feeding the baby) and I am happy for the support I get from my parents and they keep said to me you have to go to school we'll take care of the our grandson. I am truly happy.
1. Teenage mothers and babies suffer ill-health.
2. Care-givers provide social support.
4. Teen mothers are satisfied with social support.
5. Teen mothers are encouraged to resume schooling.
DECLARATION

I, the undersigned, hereby declare that the work contained in this study is my own and original. I further declare that all the sources used and quoted in this study have been indicated and acknowledged by means of complete references.

.............................................
Motelalepule Martha Mothibe

DATE: 
DECLARATION

I, the undersigned, hereby declare that the work contained in this study is my own and original. I further declare that all the sources used and quoted in this study have been indicated and acknowledged by means of complete references.

...........................................

Motlalepule Martha Mothibe

DATE: