

## **APPENDIX A**

### **RESEARCH QUESTIONNAIRE**

#### **1. General: Introduction**

- 1.1. What do you understand under the idea of family?
- 1.2. What is a family supposed to look like?
- 1.3. How do you see your role in the family?
- 1.4. Is family important to you?
- 1.5. Do you need your family?

#### **2. Identify / Describe**

##### **Communication**

- 2.1. What do you understand under the term communication in the family?
- 2.2. How important is communication in the family?
- 2.3. What is the state of the communication in your family?
  - 2.3.1. Does your family communicate well?
  - 2.3.2. Does your family communicate average?
  - 2.3.3. Does your family communicate poorly?

##### **Conflict**

- 2.4. What do you understand under the term conflict in the family?
- 2.5. What is the state of the conflict in your family?
  - 2.5.1. Does your family handle conflict well?
  - 2.5.2. Does your family handle conflict just average?
  - 2.5.3. Does your family handle conflict poorly?
- 2.6. Can you talk to your family about your problems?
- 2.7. Do you listen to your family when they talk about their problems?
- 2.8. Do you want to listen to your family when they talk about their problems?

#### **3. Personal Relationship Indicators**

- 3.1. Do you share your feelings with your family?
- 3.2. Can you be honest with your family?
- 3.3. Does your family help you if you have problems?
- 3.4. Do you receive guidance / direction from your family?
- 3.5. Can you include your family in what is happening in your life?
- 3.6. Can you share secrets with your family?

#### **4. Therapeutic Focus**

- 4.1. How can your family communicate better?
- 4.2. How can the family better handle conflict?
- 4.3. What did you do differently with your children / marriage, than your family did?

## **5. General: End**

- 5.1. Are you comfortable with your family relationships at present?
- 5.2. Did you want to approach things differently with your children / marriage, than how your family approached it?
- 5.3. Does your family care for you?
- 5.4. How do you see your family (in general) in the future?

## **6. Respondent Specific Questions**

### **Respondent 1:**

- Discuss the term: We don't talk to each other.
- Discuss the term: Avoiding conflict by remaining silent.
- When does open communication take place (between the respondent and individual members of the family) when communication only takes place when the family gets together?

### **Respondent 4:**

- What should a family look like in an ideal world?

APPENDIX B:

**Personal Multi-Screening Inventory (PMSI)**  
**Persoonlike Multi-Sifting Inventaris (PMSI)**



Naam / Name: .....  
 Datum / Date: ..... Ouderdom / Age: .....  
 Geslag / Gender: ..... Huistaal / Home Language: .....



If a specific item is not applicable, please encircle the X on the answer sheet.  
 Indien 'n spesifieke item nie van toepassing is, omsirkel die X op die antwoordblad.

1.	1 2 3 4 5 X	54.	1 2 3 4 5 X	107.	1 2 3 4 5 X	190.	1 2 3 4 5 X	213.	1 2 3 4 5 X
2.	1 2 3 4 5 X	55.	1 2 3 4 5 X	108.	1 2 3 4 5 X	181.	1 2 3 4 5 X	214.	1 2 3 4 5 X
3.	1 2 3 4 5 X	56.	1 2 3 4 5 X	109.	1 2 3 4 5 X	182.	1 2 3 4 5 X	215.	1 2 3 4 5 X
4.	1 2 3 4 5 X	57.	1 2 3 4 5 X	110.	1 2 3 4 5 X	183.	1 2 3 4 5 X	216.	1 2 3 4 5 X
5.	1 2 3 4 5 X	58.	1 2 3 4 5 X	111.	1 2 3 4 5 X	184.	1 2 3 4 5 X	217.	1 2 3 4 5 X
6.	1 2 3 4 5 X	59.	1 2 3 4 5 X	112.	1 2 3 4 5 X	185.	1 2 3 4 5 X	218.	1 2 3 4 5 X
7.	1 2 3 4 5 X	60.	1 2 3 4 5 X	113.	1 2 3 4 5 X	186.	1 2 3 4 5 X	219.	1 2 3 4 5 X
8.	1 2 3 4 5 X	61.	1 2 3 4 5 X	114.	1 2 3 4 5 X	187.	1 2 3 4 5 X	220.	1 2 3 4 5 X
9.	1 2 3 4 5 X	62.	1 2 3 4 5 X	115.	1 2 3 4 5 X	188.	1 2 3 4 5 X	221.	1 2 3 4 5 X
10.	1 2 3 4 5 X	63.	1 2 3 4 5 X	116.	1 2 3 4 5 X	189.	1 2 3 4 5 X	222.	1 2 3 4 5 X
11.	1 2 3 4 5 X	64.	1 2 3 4 5 X	117.	1 2 3 4 5 X	170.	1 2 3 4 5 X	223.	1 2 3 4 5 X
12.	1 2 3 4 5 X	65.	1 2 3 4 5 X	118.	1 2 3 4 5 X	171.	1 2 3 4 5 X	224.	1 2 3 4 5 X
13.	1 2 3 4 5 X	66.	1 2 3 4 5 X	119.	1 2 3 4 5 X	172.	1 2 3 4 5 X	225.	1 2 3 4 5 X
14.	1 2 3 4 5 X	67.	1 2 3 4 5 X	120.	1 2 3 4 5 X	173.	1 2 3 4 5 X	226.	1 2 3 4 5 X
15.	1 2 3 4 5 X	68.	1 2 3 4 5 X	121.	1 2 3 4 5 X	174.	1 2 3 4 5 X	227.	1 2 3 4 5 X
16.	1 2 3 4 5 X	69.	1 2 3 4 5 X	122.	1 2 3 4 5 X	175.	1 2 3 4 5 X	228.	1 2 3 4 5 X
17.	1 2 3 4 5 X	70.	1 2 3 4 5 X	123.	1 2 3 4 5 X	176.	1 2 3 4 5 X	229.	1 2 3 4 5 X
18.	1 2 3 4 5 X	71.	1 2 3 4 5 X	124.	1 2 3 4 5 X	177.	1 2 3 4 5 X	230.	1 2 3 4 5 X
19.	1 2 3 4 5 X	72.	1 2 3 4 5 X	125.	1 2 3 4 5 X	178.	1 2 3 4 5 X	231.	1 2 3 4 5 X
20.	1 2 3 4 5 X	73.	1 2 3 4 5 X	126.	1 2 3 4 5 X	179.	1 2 3 4 5 X	232.	1 2 3 4 5 X
21.	1 2 3 4 5 X	74.	1 2 3 4 5 X	127.	1 2 3 4 5 X	180.	1 2 3 4 5 X	233.	1 2 3 4 5 X
22.	1 2 3 4 5 X	75.	1 2 3 4 5 X	128.	1 2 3 4 5 X	181.	1 2 3 4 5 X	234.	1 2 3 4 5 X
23.	1 2 3 4 5 X	76.	1 2 3 4 5 X	129.	1 2 3 4 5 X	182.	1 2 3 4 5 X	235.	1 2 3 4 5 X
24.	1 2 3 4 5 X	77.	1 2 3 4 5 X	130.	1 2 3 4 5 X	183.	1 2 3 4 5 X	236.	1 2 3 4 5 X
25.	1 2 3 4 5 X	78.	1 2 3 4 5 X	131.	1 2 3 4 5 X	184.	1 2 3 4 5 X	237.	1 2 3 4 5 X
26.	1 2 3 4 5 X	79.	1 2 3 4 5 X	132.	1 2 3 4 5 X	185.	1 2 3 4 5 X	238.	1 2 3 4 5 X
27.	1 2 3 4 5 X	80.	1 2 3 4 5 X	133.	1 2 3 4 5 X	186.	1 2 3 4 5 X	239.	1 2 3 4 5 X
28.	1 2 3 4 5 X	81.	1 2 3 4 5 X	134.	1 2 3 4 5 X	187.	1 2 3 4 5 X	240.	1 2 3 4 5 X
29.	1 2 3 4 5 X	82.	1 2 3 4 5 X	135.	1 2 3 4 5 X	188.	1 2 3 4 5 X	241.	1 2 3 4 5 X
30.	1 2 3 4 5 X	83.	1 2 3 4 5 X	136.	1 2 3 4 5 X	189.	1 2 3 4 5 X	242.	1 2 3 4 5 X
31.	1 2 3 4 5 X	84.	1 2 3 4 5 X	137.	1 2 3 4 5 X	190.	1 2 3 4 5 X	243.	1 2 3 4 5 X
32.	1 2 3 4 5 X	85.	1 2 3 4 5 X	138.	1 2 3 4 5 X	191.	1 2 3 4 5 X	244.	1 2 3 4 5 X
33.	1 2 3 4 5 X	86.	1 2 3 4 5 X	139.	1 2 3 4 5 X	192.	1 2 3 4 5 X	245.	1 2 3 4 5 X
34.	1 2 3 4 5 X	87.	1 2 3 4 5 X	140.	1 2 3 4 5 X	193.	1 2 3 4 5 X	246.	1 2 3 4 5 X
35.	1 2 3 4 5 X	88.	1 2 3 4 5 X	141.	1 2 3 4 5 X	194.	1 2 3 4 5 X	247.	1 2 3 4 5 X
36.	1 2 3 4 5 X	89.	1 2 3 4 5 X	142.	1 2 3 4 5 X	195.	1 2 3 4 5 X	248.	1 2 3 4 5 X
37.	1 2 3 4 5 X	90.	1 2 3 4 5 X	143.	1 2 3 4 5 X	196.	1 2 3 4 5 X	249.	1 2 3 4 5 X
38.	1 2 3 4 5 X	91.	1 2 3 4 5 X	144.	1 2 3 4 5 X	197.	1 2 3 4 5 X	250.	1 2 3 4 5 X
39.	1 2 3 4 5 X	92.	1 2 3 4 5 X	145.	1 2 3 4 5 X	198.	1 2 3 4 5 X	251.	1 2 3 4 5 X
40.	1 2 3 4 5 X	93.	1 2 3 4 5 X	146.	1 2 3 4 5 X	199.	1 2 3 4 5 X	252.	1 2 3 4 5 X
41.	1 2 3 4 5 X	94.	1 2 3 4 5 X	147.	1 2 3 4 5 X	200.	1 2 3 4 5 X	253.	1 2 3 4 5 X
42.	1 2 3 4 5 X	95.	1 2 3 4 5 X	148.	1 2 3 4 5 X	201.	1 2 3 4 5 X	254.	1 2 3 4 5 X
43.	1 2 3 4 5 X	96.	1 2 3 4 5 X	149.	1 2 3 4 5 X	202.	1 2 3 4 5 X	255.	1 2 3 4 5 X
44.	1 2 3 4 5 X	97.	1 2 3 4 5 X	150.	1 2 3 4 5 X	203.	1 2 3 4 5 X	256.	1 2 3 4 5 X
45.	1 2 3 4 5 X	98.	1 2 3 4 5 X	151.	1 2 3 4 5 X	204.	1 2 3 4 5 X	257.	1 2 3 4 5 X
46.	1 2 3 4 5 X	99.	1 2 3 4 5 X	152.	1 2 3 4 5 X	205.	1 2 3 4 5 X	258.	1 2 3 4 5 X
47.	1 2 3 4 5 X	100.	1 2 3 4 5 X	153.	1 2 3 4 5 X	206.	1 2 3 4 5 X	259.	1 2 3 4 5 X
48.	1 2 3 4 5 X	101.	1 2 3 4 5 X	154.	1 2 3 4 5 X	207.	1 2 3 4 5 X	260.	1 2 3 4 5 X
49.	1 2 3 4 5 X	102.	1 2 3 4 5 X	155.	1 2 3 4 5 X	208.	1 2 3 4 5 X	261.	1 2 3 4 5 X
50.	1 2 3 4 5 X	103.	1 2 3 4 5 X	156.	1 2 3 4 5 X	209.	1 2 3 4 5 X	262.	1 2 3 4 5 X
51.	1 2 3 4 5 X	104.	1 2 3 4 5 X	157.	1 2 3 4 5 X	210.	1 2 3 4 5 X	263.	1 2 3 4 5 X
52.	1 2 3 4 5 X	105.	1 2 3 4 5 X	158.	1 2 3 4 5 X	211.	1 2 3 4 5 X	264.	1 2 3 4 5 X
53.	1 2 3 4 5 X	106.	1 2 3 4 5 X	159.	1 2 3 4 5 X	212.	1 2 3 4 5 X	265.	1 2 3 4 5 X

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